



Advanced Pitching Camp with Mark DiFelice 2019

When: January 6th to February 10th

Time: 3:30-5:00

Cost: \$325

Ages: 14 and up

Register Online: www.diamondbaseballkop.com

Instruction

- Mechanics (Delivery, breakdown with video)
- Throwing Program
- Arm Strengthening drills
- Pitchers Field Practice (PFP)
- Controlling the Running Game (CRG)
- Swing Id, Sequencing Pitching and what tendencies to look for in hitters